Mr Hafez in English

Prep 2

First Term

2027

Mr.Ahmed Hafez

T 01556740737

Unit 1

GEN ALPHA

> Gen Alpha is the first generation to grow up in a world where technology connects, inspires, and empowers them every day.

LEARNING OUTCOMES

Reading

- Identify the main idea in a text about Gen Alpha's digital habits.
- Extract specific details from a text to answer comprehension questions about Gen Alpha and Gen Z.

Listening

- Identify the main topic of a podcast about Gen Alpha.
- Extract specific details from a podcast to determine if statements are true or false.

Speaking

- Express opinions verbally on topics related to digital habits and online trends.

Ask and answer

Ask and answer questions about students' own and others' digital lives.

Language

- Differentiate between the uses of the present continuous tense.
- Use target grammar accurately to express current activities, and the arranged future.

Writing

- Write a blog post about a Day in the Life of a Gen Alpha Teen.
- Incorporate target vocabulary and grammar structures into writing tasks.

Mr Ahmed Hafez T. 01556 [illegible]

Key Vocabulary

1

generation
جيل

2

digital natives
مواطنون رقميون

3

trends
اتجاهات

4

memes
ميمز / صور ميم

5

emojis
رموز تعبيرية

6

screen time
وقت الشاشة

7

balance
توازن

8

technology
تكنولوجيا

Extra Vocabulary

No.	English	Arabic
1	young	صغير / شاب
2	communicat	يتواصل
3	online	عبر الإنترنت
4	explore	يستكشف
5	create	ينشئ
6	videos	مقاطع فيديو
7	hobby	هواية
8	opinion	رأي
9	social media	وسائل التواصل الاجتماعي
10	connect	يتصل / يرتبط

No.	English	Arabic
11	discover	يكتشف
12	spread	ينشر
13	community	مجتمع
14	share	يشارك
15	emotions	مشاعر
16	creative	مبدع
17	fun way	طريقة ممتعة
18	teacher	معلم / معلمة
19	parents	الوالدان
20	future	مستقبل

Mr. Ahmed Hafez T. 01556740737

VOCABULARY

emotion (n)	عاطفة / شعور	connect (ed) (v)	يتصل
rarely (adv)	نادرًا	wonder (ed) (v)	يتعجب / يتساءل
digital tools	أدوات رقمية	digital skills	مهارات رقمية
represent (ed) (v)	يُمثل - يرمز	connection (n)	اتصال - ارتباط
powerful (adj)	قوي / ذو نفوذ	development (n)	تطور / تنمية
shape (d) (v), (n)	يشكّل / يكون / شكل	content (n)	محتوى
behavior (n)	سلوك	amount (n)	كمية / مقدار
icon (n)	رمز	devices (n)	أجهزة
individual (n)	فرد / شخص		

Lesson 2

global problems	مشكلات عالمية	smartphone (n)	هاتف ذكي
platform (n)	منصة	solve (d) (v)	يحل
express (ed) (v)	يعبر عن	skills (n)	مهارات
challenge (n)	تحدي	positive (adj)	إيجابي
face (d) (v)	يواجه	worldwide (adv), (adj)	على مستوى العالم
education (n)	التعليم	relationship (n)	علاقة
habit (n)	عادة	coding (n)	البرمجة
tablet (n)	كمبيوتر لوحي	online learning	التعلم عبر الإنترنت
wisely (adv)	بحكمة / بعقل		

Mr.Ahmed Hafez T.01556740737

Study These Definitions

Word	Definition	الترجمة
trends	popular new developments, often seen in digital content or social behavior	صيحات / موضة
screen time	the amount of time spent looking at a screen	وقت استخدام الشاشة
emojis	small digital images or icons used to express ideas or emotions in electronic communication	رموز تعبيرية
generation	a group of people born around the same time	جيل
balance	a situation in which different things are of equal or proper weight or amount	توازن
digital natives	individuals who have grown up with technology, such as computers, the internet, and mobile devices	مواطنون رقميون

Collocations

متلازمات لفظية

limit	screen time	يحد من وقت استخدام الشاشة	share	memes	ينشر طرائف مصورة
express	feelings	يعبر عن المشاعر والآراء		videos	ينشر قيديوهات
find	a balance	يجد توازنًا			

Vocabulary Study

مترادفات ومتضادات

▶ Synonyms & Antonyms

Word	المعنى	Synonym	Antonym
creative	مبدع	imaginative / original	uncreative
connect	يتصل	join / link	disconnect
modern	حديث	new / current	old / traditional
encourage	يشجع	support / motivate	discourage
online	متصل بالإنترنت	connected	offline

Mr.Ahmed Hafez 01556740737

متوفر مذكرات جميع المراحل 2027

منهج انجليش و كونكت بلس و هاللو بلس

باسم ورقم المعلم pdf

من خلال رقم الواتس

01556740737

UNIT 1 LESSON 1

Meet Gen Alpha

Summary

EXPRESSIONS

No.	Expression	المعنى
1	be born	يولد
2	grow up	يكبر
3	learn about	يتعلم عن
4	connect with	يتواصل مع
5	spend time	يقضي وقتًا
6	look for	يبحث عن
7	share with	يشارك مع
8	use technology	يستخدم التكنولوجيا
9	create videos	ينشئ فيديوهات
10	express themselves	يعبر عن أنفسهم

PREPOSITIONS

No.	Preposition	المعنى
1	born in	وُلد في
2	around 2010	حوالي عام 2010
3	online	على الإنترنت
4	instead of	بدلاً من
5	across communities	عبر المجتمعات
6	with others	مع الأخرين
7	about the world	عن العالم
8	in the modern world	في العالم الحديث
9	without technology	بدون تكنولوجيا
10	for example	على سبيل المثال

SUMMARY OF THE TEXT | ملخص الدرس

1. **Gen Alpha were born around 2010, in the mid-2020s.**
وُلد جيل ألفا حوالي عام 2010، في منتصف العشرينيات.

2. **They are called "digital natives" because they grow up with technology.**
يُطلق عليهم " أبناء رقميون " لأنهم يكبرون مع التكنولوجيا.

3. **They use technology every day to learn, communicate, and explore the world.**
يستخدمون التكنولوجيا كل يوم للتعلم والتواصل واستكشاف العالم.

4. **Gen Alpha enjoys social media and spends a lot of time online.**
يستمتع جيل ألفا بوسائل التواصل الإجتماعي ويقضي وقتًا طويلاً على الإنترنت.

5. **They like creating short videos, sharing memes, and sending emojis.**
يحبون إنشاء مقاطع الفيديو القصيرة، ومشاركة الميمات، وإرسال الرموز التعبيرية.

6. **Parents and teachers try to limit screen time while encouraging useful skills.**
يحاول الأباء والمعلمون تقليل وقت الشاشة مع تشجيع المهارات المفيدة.

7. **Gen Alpha learns to balance online activities with real-life connections.**
يتعلم جيل ألفا تحقيق التوازن بين الأنشطة عبر الإنترنت والتواصل الحقيقي في الحياة.

8. **This generation is shaping the future and creating their own digital identity.**
هذا الجيل يُشكّل المستقبل ويخلق هويته الرقمية الخاصة به.

Mr. Ahmed Hafez T.01556740737

Meet Gen Alpha

READING

Before you start

Think and discuss in pairs.

1. What do you use the Internet for?
2. How does technology help students every day?

Let's Read

Gen Alpha: The Young Digital Natives

Do you know that you are one of Gen Alpha, who were born from around 2010 to the mid-2020s?

Today's young **generation**, Gen Alpha, is changing the way we live and communicate. They are **digital natives**, because they learn to use technology before they can read, and they usually spend a lot of time online, exploring the latest **trends**. They like creating short videos to show their hobbies or opinions.

At the moment, many Gen Alpha children are using social media to learn about the world and to connect with others. They are constantly discovering new trends that quickly spread across their digital communities. For example, they share **memes** and sometimes send **emojis** instead of words because they like showing emotions in a creative, fun way.

Teachers and parents often wonder how this generation will grow up with so much technology around them. Right now, many parents are trying to limit **screen time** while also encouraging useful digital skills. Gen Alpha rarely spends a day without using technology, but they are also learning to **balance** online activities with real-life connections.

This generation represents a powerful trend that is shaping the future. Gen Alpha always looks for new ways to express themselves and likes using digital tools to create their **identity** in the modern world.

Vocabulary

Word	Meaning
generation	جيل
digital natives	أبناء العصر الرقمي
trends	اتجاهات / صيحات
memes	صور ساخرة (ميمز)
emojis	رموز تعبيرية
screen time	وقت استخدام الشاشات
balance	يوازن
identity	هوية
communicate	يتواصل
technology	التكنولوجيا

Mr. Ahmed Hafez T.01556740737

UNIT 1 LESSON 2

Gen Alpha's Digital Life

LISTENING

Before you listen

Think and discuss in pairs.

1. What do you like to do online?
2. How can technology help you in your daily life?

Listen and Practice

Interviewer: Welcome, Dr. Wessam. We often hear the term Gen Alpha. Could you tell us exactly who they are?

Dr. Wessam: Sure. Gen Alpha are children born from 2010 onwards. They are called **digital natives** because they **grow up** completely in a **digital environment**. For them, smartphones, tablets, social media, and even **artificial intelligence** is normal.

Interviewer: And how are their **habits** different from other generations?

Dr. Wessam: Well, Gen Alpha use it from a very young age. Many of them learn to use **apps** before they can read. Their daily life is highly connected to technology and full of digital **experiences**.

Interviewer: That's very interesting. So, what do **they** usually do online?

Dr. Wessam: They spend hours online, but not only for games. They share memes, use **emojis** to express feelings, and make short videos to show **hobbies** or opinions. They also use online **platforms** for learning and connecting with friends worldwide.

Interviewer: Sounds creative! But what **challenges** do they face?

Dr. Wessam: The main challenge is balance. Too much screen time can **affect** health and **relationships**. Parents try to limit screen time and encourage useful skills, like coding or online learning. They also make sure their children play sports or spend time with family.

Interviewer: So, what positive things do you see in Gen Alpha?

Dr. Wessam: They are creative, quick learners, and very adaptive. If guided well, they can use technology to improve education, communication, and even solve **global problems**.

Interviewer: Thank you, Dr. Wessam. That was very helpful.

Vocabulary

Word	Meaning
digital natives	مواطن رقمي
grow up	يكبر / ينمو
digital environment	بيئة رقمية
artificial intelligence	الذكاء الاصطناعي
habits	عادات
apps	تطبيقات
experiences	خبرات
emojis	رموز تعبيرية
hobbies	هوايات
platforms	منصات
challenges	تحديات
affect	يؤثر على
relationships	علاقات
global problems	مشاكل عالمية

Mr. Ahmed Hafez T.01556740737

Language Notes ملاحظات لغوية

1 instead / instead of

- **instead** (adv)

بدلاً من ذلك (غالباً في بداية أو نهاية الجملة)

Ex: I wanted to go to the beach, but it started to rain, so I stayed home instead.

- **instead of + (v-ing/noun)** بدلاً من

Ex: He took the bus instead of (driving) his car.

2 constantly with present continuous

نستخدم (constantly) مع المضارع المستمر للتعبير عن سمات شخص أو مجموعة أو شيء ما وكلنا غير مرغوب فيهما.

Ex: Gen Alpha are constantly discovering new trends.

3 spend + time + v-ing

Ex: They spend a lot of time online, exploring the latest trends.

4 discover / explore

- **discover**

يكتشف شيئاً كان موجوداً ولكنه غير معروف.

Ex: Isaac Newton discovered gravity.

- **explore**

يكتشف (شيء) غامض / مكاناً غيرياً.

Ex: I am new in this city, I want to explore its places.

5 connect / communicate

- **communicate (with)** يتواصل مع/يتحدث مع

Ex: If you speak English, you can communicate with a lot of people.

- **connect (to / with)** يربط/يوصل
  - **connect to:** a physical connection. (علاقة/اتصال مادي)
    Ex: Your computer is connected to a printer.
  - **connect with:** a relationship / non-physical (علاقة/اتصال معنوي)
    Ex: He is still connected with his school friend.

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Exercises on Vocabulary

1. Choose the correct answer from a, b, c or d:

1. A ..... is a group of people born around the same time.
   a) generation b) community c) team d) country
2. People who have grown up with technology like computers and the internet are called ..... .
   a) old generations b) digital natives c) ancient people d) traditional workers
3. Popular new developments, often seen in digital content or social behavior, are called ..... .
   a) histories b) traditions c) trends d) rules
4. ..... is the amount of time spent looking at a screen.
   a) Real time b) Screen time c) Free time d) Work time
5. To ..... means to keep different things in a situation of equal or proper weight or amount.
   a) balance b) waste c) ignore d) lose
6. Small digital images or icons used to express ideas or emotions are called ..... .
   a) words b) paragraphs c) emojis d) blogs
7. Gen Alpha children usually spend a lot of time ..... exploring the latest trends.
   a) offline b) online c) outside d) asleep
8. Many parents are trying to ..... their children's screen time.
   a) limit b) increase c) double d) encourage
9. Gen Alpha children like creating short ..... to show their hobbies or opinions.
   a) books b) letters c) videos d) stories
10. Funny or popular images and ideas that quickly spread across digital communities are called ..... .
    a) memes b) exams c) projects d) lessons
11. Gen Alpha children learn to use technology ..... they can read.
    a) after b) before c) while d) because
12. Gen Alpha always looks for new ways to express ..... .
    a) ourselves b) themselves c) himself d) yourself
13. Using digital tools helps Gen Alpha to create their ..... in the modern world.
    a) name b) address c) identity d) job
14. Gen Alpha rarely spends a day ..... using technology.
    a) with b) without c) for d) about

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15. Teachers and parents often wonder ..... this generation will grow up.
a) how b) who c) what d) which
16. It is important to balance online activities ..... real-life connections.
a) at b) with c) of d) by
17. Gen Alpha is the young generation born from around ..... to the mid-2020s.
a) 1990 b) 2000 c) 2010 d) 2030
18. Today's young generation is changing the ..... we live and communicate.
a) way b) road c) street d) path
19. They send emojis ..... of words because they like showing emotions.
a) instead b) because c) due d) spite
20. This generation represents a powerful ..... that is shaping the future.
a) trend b) problem c) danger d) mistake
21. Gen Alpha children use ..... media to learn about the world.
a) social b) traditional c) old d) printing
22. Parents encourage useful ..... skills like coding and digital design.
a) physical b) traditional c) digital d) historical
23. Digital natives are constantly ..... new trends.
a) hiding b) destroying c) discovering d) forgetting
24. Sharing memes is a ..... and fun way to show emotions.
a) boring b) creative c) bad d) useless
25. Technology is all ..... them, so they grow up using it daily.
a) under b) behind c) around d) below
26. To identify the ..... idea of a text, you should read fast.
a) small b) main c) worst d) least
27. You can use digital ..... to create new projects and videos.
a) tools b) cars c) houses d) clothes
28. Real-life ..... with friends and family are very important.
a) screens b) connections c) apps d) websites
29. How much screen time do you usually ..... each day?
a) have b) do c) make d) take
30. In Lesson 2, we learn about Gen Alpha's digital ..... .
a) life b) past c) history d) old days

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2. Read and complete the text with the words in the box:

[screen - balance - natives - trends - offline]

Gen Alpha children are called digital (1) ..... because they learn to use technology before they can read. They spend a lot of time online exploring the latest (2) ..... to create fun videos. However, parents try to limit their (3) ..... time so they can (4) ..... online activities with important real-life connections with family.

[generation - videos - memes - social - history]

Today's young (1) ..... is changing the way we live and communicate. Many Gen Alpha children use (2) ..... media to learn about the world and connect with others. They like creating short (3) ..... to show their hobbies, and they constantly share funny (4) ..... that quickly spread across their digital communities every day.

[identity - express - emojis - instead - traditional]

Gen Alpha children like to (1) ..... themselves in very creative ways online. For example, they sometimes send (2) ..... of words because they like showing emotions in a fun way. They always look for new ways to use digital tools, which helps them create their own (3) ..... and character in this modern (4) world.

[technology - digital - without - skills - games]

Right now, many parents encourage useful (1) ..... skills like coding and design. Gen Alpha rarely spends a single day (2) ..... using technology to learn or play. This generation grows up with so much modern (3) ..... around them, and this represents a powerful trend that is shaping their future (4) and lives.

[main - tips - fast - clues - slow]

To identify the (1) ..... idea of a reading text, you can follow some useful (2) ..... . First, you should read (3) ..... to understand the general meaning. Second, you need to look for big (4) ..... and pay close attention to the title, headings, and the first and last sentences of paragraphs.

Mr. Ahmed Hafez T.01556740737

The Present Continuous Tense زمن المضارع المستمر

1 Affirmative statement الجملة الخبرية المثبتة

I		am				
He / She / It	اسم مفرد	is	+	inf. المصدر	+	ing.
We / You / They	اسم جمع	are				

ex.
- I am doing my homework at the moment.
- We are going to the tennis courts now.
- Sama is drawing a picture.

لاحظ أن :
'm = am 's = is 're = are

2 Negative statement الجملة الخبرية المنفية

I		am						
He / She / It	اسم مفرد	is	+	not	+	inf. المصدر	+	ing.
We / You / They	اسم جمع	are						

ex.
- She is not (isn't) working in the garden.
- They are not (aren't) playing football now.

3 Interrogative صيغة الاستفهام

A Yes/No question : السؤال بـ «هل»

Am / Is / Are	+	he / she / it اسم مفرد we / you / they اسم جمع	+	inf. المصدر	+	ing ... ?

ex.
- Is he watching the match ?
  * Yes, he is. * No, he isn't
- Are they going to the school concert now ?
  * Yes, they are. * No, they aren't.

B Wh- question : السؤال بكلمة استفهام

Question word كلمة الاستفهام	+	am / is / are	+	subject الفاعل	+	inf. المصدر	+	ing ... ?

ex. - What are you doing now ? – I am helping my dad.

Mr.Ahmed Hafez T.01556740737

3 Future arrangements : They are actions that are already arranged and confirmed.

ترتيبات مستقبلية : هي احداث تم ترتيبها وتأكيدها بالفعل.

ex. - My sister is getting married next month.

- I'm meeting my friend tomorrow evening.

ملاحظات على إضافة (ing) للفعل

When a verb ends in "-e" remove the [-e] and add [-ing].

عندما إلفعل بحرف ال (e) غير منطوق (قبله حرف ساكن) نحذف (e) قبل إضافة (ing).

come → coming | decide → deciding

When a verb ends in a vowel followed by a single consonant, double the last consonant before adding - ing.

إذا انتهى الفعل بحرف ساكن مسبوق بحرف متحرك ضعف هذا الحرف الأخير قبل إضافة (ing)
(بشرط أن يكون الفعل مكون من مقطع واحد)

swim → swimming | run → running | get → getting

When a verb ends in a single consonant after two vowels, don't double the last consonant :

لاحظ أنه لا يضاعف الحرف الأخير إذا كان الفعل منتهي بحرف ساكن مسبوق بحرفين متحركين :

feed → feeding | wait → waiting

When a verb ends in "- ie" , change "- ie" into "y" then add "- ing" from.

إذا انتهي الفعل بـ (ie) تحول إلى (y) ثم نضيف (-ing).

lie → lying | tie → tying

Time adverbs ظروف الزمن التي تُستخدم مع المضارع المستمر

right now	الأن	Take care !	احذر !	at the moment	في تلك اللحظة
Look !	انظر !	still	مازال	at present	في الوقت الحاضر
Listen !	أنصت !	tonight	في هذه الليلة	Look out ! / Watch out !	احترس !
next (.....)	التالي	in the future	في المستقبل	tomorrow	غدًا
today	اليوم	this (week)	هذا (الأسبوع)		

Mr.Ahmed Hafez T.01556740737

Exercises on Grammar

1. Choose the correct answer from a, b, c or d:

1. Look! The birds ..... in the sky.
a) fly b) are flying c) flies d) flew
2. We ..... a new project on how to use the internet safely this week.
a) do b) are doing c) is doing d) did
3. I ..... TV now because I have to study for my exams.
a) am not watching b) don't watch c) isn't watching d) am watching
4. The ship ..... on Monday next week. Everything is arranged.
a) sails b) is sailing c) sailed d) sail
5. Listen! The children ..... in their room.
a) sing b) is singing c) are singing d) sang
6. What ..... you ..... for breakfast right now?
a) do / eat b) are / eating c) is / eating d) did / eat
7. Nader ..... to help his classmates today.
a) volunteer b) volunteers c) is volunteering d) volunteered
8. My uncle ..... to Luxor tomorrow at 9 p.m. He has the tickets.
a) travels b) is travelling c) travel d) travelled
9. Why ..... Rahma ..... apples at the moment?
a) is / eating b) does / eat c) are / eating d) do / eat
10. Many children ..... online games at present.
a) plays b) play c) are playing d) is playing
11. The baby ..... peacefully in the crib right now.
a) sleeps b) is sleeping c) are sleeping d) slept
12. Ali ..... his cousins this afternoon; he already called them.
a) doesn't visit b) isn't visiting c) don't visit d) hasn't visited
13. Gen Alpha ..... social media more and more these days.
a) uses b) use c) is using d) are using
14. Are the students ..... English in the library now?
a) study b) studying c) studies d) studied
15. He ..... his educational posts in English at the moment.
a) write b) writes c) is writing d) are writing
16. Watch out! A big truck ..... towards your car.
a) comes b) is coming c) come d) came
17. We ..... to a new house next Friday. We packed everything.
a) move b) moves c) are moving d) moved

Mr. Ahmed Hafez T 01556740737

2. Rewrite the following sentences:

1. They usually go to school by bus. (**now**)

2. I watch TV every evening. (**at the moment**)

3. He plans to play football next Friday. (**He is playing...**)

4. We study English every Sunday. (**this week**)

5. Do you eat breakfast early? (**now**)

6. The birds fly high in the sky. (**Look!**)

7. He has arranged to travel to Cairo tomorrow. (**is**)

8. Rahma eats an apple every day. (**right now**)

9. Ali doesn't usually visit his cousins on weekdays. (**at this moment**)

10. The children sing in their room. (**Listen!**)

11. He writes his posts in Arabic. (**not / now**)

12. They are doing a new project today. (**not**)

13. Many children read books in the library at present. (**Is...**)

14. Nader is volunteering to help his classmates today. (**What...**)

15. The ship sails next week. It is arranged. (**sailing**)

16. She is cooking lunch right now. (**Look!**)

17. My father is flying to London next Monday. Everything is booked. (**arranged**)

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Speaking

1. Expressing opinion on Gen Alpha's digital life

التعبير عن الرأي بشأن الحياة الرقمية لجيل ألفا

online

What do you know about Gen Alpha?
ماذا تعرف عن جيل ألفا؟

They're digital natives because they learn to use technology before they can read.
إنهم مواطنون رقميون لأنهم يتعلمون استخدام التكنولوجيا قبل أن يتقنوا من القراءة.

Why do Gen Alpha children use social media?
لماذا يستخدم أطفال جيل ألفا وسائل التواصل الاجتماعي؟

They use social media to connect with friends, share ideas, and have fun.
يستخدمونها للتواصل مع الأصدقاء، ومشاركة الأفكار، والاستمتاع.

Why is Gen Alpha called "digital natives"?
لماذا يُطلق على جيل ألفا اسم "المواطنون الرقميون"؟

Because they grow up with technology and use it naturally every day.
لأنهم ينشؤون مع التكنولوجيا ويستخدمونها بشكار طبيعي كل يوم.

2. Asking and answering questions about students' own and others' digital lives

طرح الأسئلة والإجابة عنها حول الحياة الرقمية للطلاب وحياة الأخرين

online

How often do you use technology?
كم مرة تستخدم التكنولوجيا؟

I use it every day for school, games, and talking to friends.
أستخدمها كل يوم للدراسة والألعاب والتحدث مع الأصدقاء.

How much screen time do you usually have each day?
كم ساعة تقضي عادة أمام الشاشة كل يوم؟

I spend more than 8 hours using technology devices.
أقضي أكثر من 8 ساعات في استخدام الأجهزة التكنولوجية.

What kind of content do you watch or listen to?
ما نوع المحتوى الذي تشاهده أو تستمع إليه؟

I watch cartoons, YouTube videos, and listen to music.
أشاهد الرسوم المتحركة وفيديوهات يوتيوب واستمع إلى الموسيقى.

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Complete the following dialogue with one word each:

Ahmed and Aly are talking about Gen Alpha.

- **Ahmed**: What do you (1) ..... about Gen Alpha?
- **Aly**: They are the generation born after 2010. They love technology.
- **Ahmed**: That's true. They're digital (2) ..... because they learn to use it early.
- **Aly**: Yes, they use it naturally every day.
- **Ahmed**: Why do Gen Alpha children use (3) ..... media so much?
- **Aly**: They use it to (4) ..... with friends and share ideas.
- **Ahmed**: I think they also use it to have fun.
- **Aly**: You are absolutely right.

Soha and Mona are talking about using technology.

- **Soha**: How (1) ..... do you use technology in your life?
- **Mona**: I use it every day for many different things.
- **Soha**: Really? Do you use it (2) ..... day without stopping?
- **Mona**: Yes, I use it for school, playing games, and learning.
- **Soha**: Do you also use it for talking (3) ..... friends?
- **Mona**: Yes, I (4) ..... it to chat with them every evening.
- **Soha**: Technology is very useful nowadays.
- **Mona**: I agree with you.

Omar and Ziad are talking about screen time.

- **Omar**: How (1) ..... screen time do you usually have each day?
- **Ziad**: I spend more than 8 hours using technology devices.
- **Omar**: Wow! That is a very long time to look at a screen.
- **Ziad**: I know, but I (2) ..... most of my time doing useful things.
- **Omar**: Why do you spend (3) ..... much time online?
- **Ziad**: Because I (4) ..... educational videos and cartoons.
- **Omar**: You should take a break to protect your eyes.
- **Ziad**: Thanks for your good advice.

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ورقة عمل لكتابة فقرة

Write your paragraph about: Meet Gen Alpha!

1

جيل ألفا يستخدم التكنولوجيا كل يوم.

الترجمة: _____

الكلمات المساعدة:

technology (التكنولوجيا) | every day (كل يوم)

2

يتعلم جيل ألفا أشياء جديدة من الإنترنت.

الترجمة: _____

الكلمات المساعدة:

learn (يتعلم) | internet (الإنترنت)

3

يستخدمون وسائل التواصل الاجتماعي للتواصل مع الآخرين.

الترجمة: _____

الكلمات المساعدة:

social media (وسائل التواصل الاجتماعي) | connect (يتواصل)

4

يحبون مشاركة الفيديوهات القصيرة والرموز التعبيرية.

الترجمة: _____

الكلمات المساعدة:

short videos (فيديوهات قصيرة) | emojis (رموز تعبيرية)

5

يحاول الآباء تقليل وقت الشاشة لأطفالهم.

الترجمة: _____

الكلمات المساعدة:

parents (الآباء) | screen time (وقت الشاشة)

6

يجب أن يوازن جيل ألفا بين التكنولوجيا والحياة الواقعية.

الترجمة: _____

الكلمات المساعدة:

balance (يوازن) | real life (الحياة الواقعية)

7

سيستخدم جيل ألفا التكنولوجيا لبناء مستقبل أفضل.

الترجمة: _____

الكلمات المساعدة:

future (المستقبل) | digital tools (الأدوات الرقمية)

WRITE YOUR PARAGRAPH HERE

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General Exercises on Lessons 1,2

1. Choose the correct answer from a, b, c, or d:

1. Individuals who have grown up with technology are known as ..... .
a) digital devices b) digital natives c) digital cameras d) digital machines
2. Women and girls usually follow the latest ..... in fashion.
a) trees b) trams c) trends d) traps
3. Gen Alpha children are ..... discovering new movements in their communities.
a) temporary b) permanent c) constantly d) constant
4. Nowadays, parents are trying to ..... the time their children spend using digital devices.
a) increase b) limit c) decrease d) gain
5. Gen Alpha individuals like using technological devices to ..... their identity in today's world.
a) decrease b) create c) degrade d) discourage
6. Working women try hard to ..... their personal life with their work.
a) balance b) limit c) decrease d) increase
7. Nowadays, people use emojis to ..... their emotions.
a) limit b) express c) extend d) exercise
8. Gen Alpha generation should use social media ..... .
a) foolishly b) carelessly c) wisely d) quickly
9. They are ..... their homework now.
a) do b) doing c) does d) done

2. Complete the following text with words from the list:

[memes / balance / represent / videos / photos]

Gen Alpha are the children who were born from around 2010 to the mid-2020s. They like creating short ..... to show their hobbies and opinions. They share ..... and send emojis to show their emotions. They are learning to ..... online activities with real-life connections. They ..... a powerful trend that is shaping the future.

3. Complete the following sentences using the correct form of the verb.

1. She is ..... (travel) to Aswan next week.
2. Adel ..... (eat) Koshari right now.
3. They ..... (play) football next Friday. They have arranged to do that.

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4. At the moment, he ..... (study) Science.
5. Adel ..... (is visit) his grandparents next Friday.
6. They ..... (prepares) dinner now.
7. She ..... (using) her laptop right now.
8. My sister..... (plays) online games now.
9. They ..... (having) dinner outdoors tomorrow. They have arranged everything.
10. We ..... (watch) a match in Cairo Stadium next Friday.

4. Rewrite the following sentences using the words in brackets.

1. They have arranged to volunteer in protecting the environment. (**are**)
.....
2. He has booked a ticket to watch a play next week. (**watching**)
.....
3. The cat climbs the tree. (**Look !**)
.....
4. They watch the new play on Thursday. (**now**)
.....
5. What do you do on Fridays? (**at the moment**)
.....
6. We are preparing for the digital bridge project this month. (**Are...**)
.....

5. Write a paragraph of (90-110) words about "My Digital Habits".

.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....

Mr.Ahmed Hafez T.01556740737

UNIT 1 LESSON 3 The Digital Bridge Vocabulary

Key Vocabulary

1

include
يشمل / يتضمن

2

in common
مشترك / يشترك في

3

smartphones
الهواتف الذكية

4

connect
يتصل / يربط

5

far apart
بعيدان عن بعضهما / متباعدان

6

cases
أغطية الهواتف (جرابات)

7

unite
يوحد / يجمع

8

bridge
جسر

Extra Vocabulary

No.	English	Arabic
1	mistakes	أخطاء
2	social media	وسائل التواصل الاجتماعي
3	correct	صحيح
4	online games	ألعاب أونلاين
5	at the moment	في الوقت الحالي
6	cousins	أبناء عمومة
7	listen	يستمع
8	room	غرفة
9	internet	الإنترنت
10	digital trends	اتجاهات رقمية

No.	English	Arabic
11	world today	العالم اليوم
12	born	مولود
13	between	بين
14	environment	البيئة
15	even though	حتى مع ذلك
16	different ages	أعمار مختلفة
17	important	مهم
18	grow up	يكبر / ينمو
19	digital world	العالم الرقمي
20	tablets	أجهزة لوحية

Mr. Ahmed Hafez T.01556740737

Study these definitions

ادرس هذه التعريفات

connect	to join or link with someone or something	يتواصل
in common	having similar ideas and interests	مشترك
include	to be part of something	يشمل / يتضمن
far apart	being in distant places	بعيدًا

Vocabulary Study

مترادفات ومضادات

▶ Synonyms and Antonyms

Word الكلمة		Synonym المرادف	Antonym / Opposite المضاد	
include	يشمل / يتضمن	contain / involve	exclude / leave out	يستبعد
different	مختلف	various	the same / similar	تشابه / مشابه
connect	يتصل / يتواصل	join / link	disconnect	يفقد التواصل
far apart	بعيد	distant / remote	near / nearby / close	قريب
popular	محبوب / معروف	famous	unpopular / unknown	غير معروف
kind	عطوف / طيب	nice / gentle	unkind / cruel	غير لطيف / قاسٍ
support	يدعم / يساعد	help / assist	neglect	يهمل

▶ Prefixes & Suffixes

مقاطع بادئة ونهائية

Prefix / Suffix المقطع	Function الوظيفة	Examples أمثلة	
– ness	تحول الصفة إلى اسم	fairness	العدالة
– or	تحول الفعل إلى اسم	creator	صانع
– ing	تحول الفعل إلى اسم	feeling	شعور

Mr Ahmed Hafez T.01556740737

Prefixes & Suffixes بادئات ولواحق الكلمات

Prefix / Suffix	Use	Word
-ly	تحول الصفة إلى حال	safely
-ation	تحول الفعل إلى اسم	information

Conjugations of Irregular Verbs تصريفات الأفعال غير منتظمة

Present		Past simple	Past Participle
tell	يخبر	told	told
make	يصنع	made	made

Language Notes ملاحظات لغوية

1 include - contain

include:
يتضمن على جزء أو أكثر من الأجزاء وليس كل المحتويات.

Ex. The list **includes** the latest prices.

contain:
يحتوي على شيئاً بداخله (يشمل فراغاً داخليا).

Ex. The bottle **contains** fresh milk.

2 download (from/onto) - upload (to)

download
تحميل: استقبال الملفات من الإنترنت أو من جهاز آخر إلى جهازك.

Ex. **Download** the app from the internet onto your laptop.

upload
رفع: إرسال الملفات من جهازك إلى الإنترنت أو إلى جهاز آخر.

Ex. **Upload** your homework to the school's website.

3 Gen Z - Gen Alpha

Gen Z:
– مواليد: تقريباً من 1997 إلى ٢٠12 – شهدوا الانتقال من الهواتف العادية إلى الهواتف الذكية.

Ex. **Gen Z** includes people born between 1997 and 2012.

Gen Alpha:
– مواليد: من 2010 إلى الآن – هم جيل ولد ونشأ بالكامل في عصر الأجهزة الذكية والذكاء الاصطناعي.

Ex. **Gen Alpha** includes children born from 2010 till now.

Mr.Ahmed Hafez 01556740737

Before you start

Think and discuss in pairs.

1. How does technology help you stay in touch with your friends?
2. What digital trends do young people enjoy today?

Let's Read

The Gen Z-Alpha Bridge: How Digital Trends Unite Young Generations

Generation Z and Generation Alpha are two young generations in the world today. Gen Z **includes** people born between 1997 and 2012. Gen Alpha includes children born from 2010 till now. Even though they are different ages, they have some important things **in common** – they are growing up in a digital world.

Both generations use **smartphones**, tablets, and computers every day. They like watching videos on YouTube, using apps, and playing online games. Social media and online games help them **connect**, learn, and have fun with others – even if they live **far apart**.

Digital trends like short videos, emojis, and memes are popular with both groups. Many Gen Z and Gen Alpha kids also care about the environment, being kind, and treating people with fairness. They often use technology to share their thoughts and support important **causes**.

Even though Gen Z is older than Gen Alpha, both generations speak the same digital language. Technology helps them understand each other and work together to make the world a better place.

Vocabulary

Word	Meaning
includes	يشمل
in common	مشترك / يشتركون في
smartphones	الهواتف الذكية
connect	يتواصل / يربط
far apart	بعيدون عن بعض
causes	قضايا
digital world	العالم الرقمي
generation	جيل
fairness	العدالة / الإنصاف
technology	التكنولوجيا

Mr. Ahmed Hafez 01556740737

EXPRESSIONS

No.	Expression	المعنى
1	be born	يولد
2	grow up	يكبر / ينشأ
3	use smartphones	يستخدم الهواتف الذكية
4	watch videos	يشاهد الفيديوهات
5	use apps	يستخدم التطبيقات
6	play online games	يلعب ألعاب أونلاين
7	connect with others	يتواصل مع الآخرين
8	care about	يهتم بـ
9	share thoughts	يشارك الأفكار
10	work together	يعمل معًا

PREPOSITIONS

No.	Preposition	المعنى
1	in the world	في العالم
2	between 1997 and 2012	بين عامي 1997 و2012
3	from 2010 till now	من 2010 حتى الآن
4	in common	بشكل مشترك
5	in a digital world	في عالم رقمي
6	on YouTube	على يوتيوب
7	with others	مع الآخرين
8	far apart	بعيدين عن بعض
9	popular with	شائع لدى
10	care about the environment	يهتم بالبيئة

SUMMARY OF THE TEXT | ملخص الدرس

1. Gen Z and Gen Alpha are two young generations today.
جيل Z وجيل ألفا هما جيلان شابان في وقتنا الحالي.

2. Gen Z includes people born between 1997 and 2012.
يشمل جيل Z مواليد بين 1997 و 2012.

3. Gen Alpha includes children born from 2010 till now.
يشمل جيل ألفا الأطفال المولودين من 2010 حتى الآن.

4. Both generations use smartphones, tablets, and computers every day.
يستخدم الجيلان الهواتف الذكية والأجهزة اللوحية والكمبيوترات كل يوم.

5. They like watching videos, using apps, and playing online games.
يحبون مشاهدة الفيديوهات، واستخدام التطبيقات، ولعب ألعاب أونلاين.

6. Technology helps them connect, learn, and have fun with others.
تساعدهم التكنولوجيا على التواصل، والتعلم، والاستمتاع مع الآخرين.

7. They care about the environment, fairness, and important causes.
يهتمون بالبيئة، والعدالة، والقضايا المهمة.

8. Technology helps Gen Z and Gen Alpha understand each other and make the world a better place.
تساعد التكنولوجيا جيل Z وجيل ألفا على فهم بعضهم وجعل العالم مكانًا أفضل.

Mr.Ahmed Hafez 01556740737

Before you start

Answer the following questions.

1. How often do you use the internet?
2. What do you use it for?

Reading

Read the following text.

The Gen Z-Alpha Bridge: How Digital Trends Unite Young Generations

Generation Z and Generation Alpha are two young generations in the world today. **Gen Z** includes people born between 1997 and 2012. **Gen Alpha** includes children born from 2010 till now. Even though they are different ages, they have some important things in **common** – they are growing up in a **digital world**.

Both generations use **smartphones**, tablets, and computers every day. They like watching videos on YouTube, using **apps**, and playing **online games**. Social media and online games help them **connect**, learn, and have fun with others – even if they live **far apart**.

Digital trends like **short videos**, **emojis**, and **memes** are popular with both groups. Many Gen Z and Gen Alpha kids also care about the **environment**, being kind, and treating people with **fairness**. They often use technology to share their thoughts and support **important cases**.

Even though Gen Z is older than Gen Alpha, both generations speak the same **digital language**. Technology helps them understand each other and work together to make the world a **better place**.

Vocabulary

Word	Meaning
connect	يتواصل
smartphones	هواتف ذكية
apps	تطبيقات
online games	ألعاب أونلاين
common	مشترك
environment	البيئة
fairness	العدالة
language	لغة
together	معاً
important	مهم

Answer the following questions.

1. What are Gen Z and Gen Alpha?
.....
2. When were Gen Z people born?
.....
3. What do both generations use every day?
.....
4. What are some digital trends that are popular with both generations?
.....
5. What do Gen Z and Gen Alpha care about?
.....

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Exercises on Vocabulary

1. Choose the correct answer from a, b, c or d:

1. To .....means to join or link with someone or something.
   a) connect b) separate c) leave d) break
2. Having similar ideas and interests means having things in .....
   a) common b) public c) private d) secret
3. The word ..... means to be part of something.
   a) include b) exclude c) delete d) remove
4. Living in distant places means living .....
   a) close by b) far apart c) next door d) nearby
5. A ..... connects two different sides or generations, like Gen Z and Gen Alpha.
   a) wall b) bridge c) fence d) gate
6. Digital trends can ..... young generations and bring them together.
   a) divide b) unite c) separate d) break
7. Gen Z ..... people born between 1997 and 2012.
   a) includes b) misses c) forgets d) loses
8. Both generations use ..... like iPhones and Android devices every day.
   a) televisions b) smartphones c) radios d) papers
9. Online games and social media help kids ..... with others.
   a) disconnect b) connect c) fight d) argue
10. Many Gen Z and Gen Alpha kids care about the ....., like planting trees and reducing pollution.
   a) space b) environment c) stars d) history
11. Treating people with ..... means being fair to everyone.
   a) unfairness b) fairness c) cruelty d) anger
12. They often use technology to share their thoughts and support important .....
   a) cases b) boxes c) bags d) games
13. Even though they are different ages, they have some important things in .....
   a) common b) total c) general d) short
14. Both generations speak the same ..... language.
   a) traditional b) digital c) ancient d) local
15. Technology helps them understand each other and work .....
   a) alone b) together c) badly d) hard
16. Gen Z and Gen Alpha are growing ..... in a digital world.
   a) up b) down c) out d) off

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2. Read and complete the text with the words in the box:

[common - digital - bridge - generations - separate]

Technology plays a very important role in our lives today because it can build a (1) ..... between different people. Gen Z and Gen Alpha are two young (2) ..... who grow up using technology every day in a (3) ..... world. Even though they are different ages, they have many important things in (4) ..... like using smartphones and apps.

[include - smartphones - apps - apart - close]

Young people around the world use (1) ..... and tablets daily to look for information. They love using different digital (2) ..... to watch funny videos or play games online. These modern tools help them connect with each other easily even if they live far (3) ..... Digital trends today (4) ..... short videos, memes, and emojis.

[environment - fairness - kind - thoughts - bad]

Many young kids care about the (1) ..... today, so they always look for ways to protect nature from pollution. They also believe in being (2) ..... to others and treating everyone in society with (3) ..... Technology helps these digital natives share their creative (4) ..... and support important cases to make our world a much better place.

[language - together - understand - better - worse]

Gen Z and Gen Alpha speak the same digital (1) ..... because they use computers and internet tools daily. This helpfully allows them to (2) ..... each other very well. When they communicate and work (3) ..... on different projects, they can use their skills to make the modern world a much (4) ..... and safer place for everyone.

[connect - popular - videos - cases - ancient]

Creating short (1) ..... and sharing memes on social media has become very (2) ..... with young groups. They enjoy using these fast digital trends to (3) ..... with their friends online. In addition, technology is very useful because it helps them support important (4) ..... and express their feelings in creative ways instead of using traditional words.

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Speaking

Talking about the activities that both Gen Z and Gen Alpha do a lot

الحديث عن الأنشطة التي يمارسها كل من الجيل زد والجيل ألفا كثيرًا

online

What digital devices do you think both generations Z and Alpha use?
ما هي الأجهزة الرقمية التي تعتقد أن الجيل زد والجيل ألفا يستخدمانها؟

I think they both use smartphones, tablets, and computers every day.
أعتقد أنهم يستخدمون الهواتف الذكية والأجهزة اللوحية وأجهزة الكمبيوتر يوميًا.

How do popular trends or online creators affect what young people like or do?
كيف تؤثر الإتجاهات الشعبية أو صناع المحتوى على الإنترنت على ما يحبيه الشباب أو يفعلونه؟

They show new ideas, games, and activities, and children often try them.
إنهم يعرضون أفكارًا جديدة وألعابًا وأنشطة، وغالبًا ما يجرب الأطفال هذه الأشياء.

What are some good and bad sides of using a lot of screen time?
ما هي بعض الجوانب الجيدة والسيئة لاستخدام الكثير من الوقت أمام الشاشات؟

Good sides: learning, fun, and connecting with friends.
Bad sides: tired eyes, less exercise, and distraction.
الجوانب الجيدة: التعلم، المرح، التواصل مع الأصدقاء.
الجوانب السيئة: إرهاق العينين، قلة الحركة، التشتت.

What do you use the internet for?
لم تستخدم الإنترنت؟

I use it to watch videos, play games, and learn new things.
أستخدمه لمشاهدة الفيديوهات، ولعب الألعاب، وتعلم أشياء جديدة.

Speaking Exercise

Complete the following dialog:

▶ **Sara likes to watch funny cartoons. She is asking Ahmed.**

Ahmed : What do you like to do after school?
Sara : I like to play video games. What about you?
Ahmed : (1) ..... .
Sara : Oh, I watch videos on YouTube, too! (2) .....?
Ahmed : I like channels about science and experiments. And you?
Sara : (3) ..... .
Ahmed : (4) .....?
Sara : Yes, I do. I ride it every weekend.
Ahmed : We have a lot in common, don't we?
Sara : (5) ..... .

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Complete the following dialog:

Eman and Menna are talking about different generations.

- **Eman:** When were Gen Z children born?
- **Menna:** They were born (1) ..... 1997 and 2012.
- **Eman:** What about Gen Alpha? When were they born?
- **Menna:** Gen Alpha were born from 2010 (2) .....
- **Eman:** Oh, so we are part (3) ..... Gen Alpha because we were born after 2010.
- **Menna:** Yes, that's right. Technology is very important (4) ..... our generation.

Ali and Ahmed are talking about online activities.

- **Ali:** What activities do both generations (1) ..... online?
- **Ahmed:** Both generations use technology in their daily lives.
- **Ali:** Do they also (2) ..... online games together?
- **Ahmed:** Yes, they play games and use social media.
- **Ali:** Is technology (3) ..... for them?
- **Ahmed:** Yes, it is very important (4) ..... both of them.

Soha and Mona are talking about technology devices.

- **Soha:** What digital (1) ..... do Gen Z and Gen Alpha use?
- **Mona:** They both use many different types of devices.
- **Soha:** Do they use smartphones and (2) ..... ?
- **Mona:** Yes, and computers (3) .....
- **Soha:** Which (4) ..... do you prefer to use?
- **Mona:** I prefer using my tablet.

Omar and Ziad are talking about an article.

- **Omar:** What are you (1) ..... , Ziad?
- **Ziad:** I am reading an interesting article on my tablet.
- **Omar:** What is the article (2) ..... ?
- **Ziad:** It's about Gen Z and Gen Alpha generations over (3) ..... .
- **Omar:** That's really amazing! Can I read it with (4) ..... ?
- **Ziad:** Yes, of course you can.

Mr. Ahmed Hafez T.01556740737

ورقة عمل لكتابة فقرة

Write your paragraph about: The Digital Bridge!

1

يعيش جيل Z وجيل Alpha في عالم رقمي.

الترجمة: _____

الكلمات المساعدة:

digital world (العالم الرقمي) | live (يعيش)

2

يستخدمون الهواتف الذكية والأجهزة اللوحية وأجهزة الكمبيوتر كل يوم.

الترجمة: _____

الكلمات المساعدة:

smartphones (الهواتف الذكية) | computers (أجهزة الكمبيوتر)

3

يشاهدون الفيديوهات ويستخدمون التطبيقات للترفيه والتعلم.

الترجمة: _____

الكلمات المساعدة:

videos (الفيديوهات) | apps (التطبيقات)

4

تساعدهم وسائل التواصل الاجتماعي على التواصل مع أصدقائهم.

الترجمة: _____

الكلمات المساعدة:

social media (وسائل التواصل الاجتماعي) | connect (يتواصل)

5

يهتم كلا الجيلين بالبيئة ومعاملة الأخرين بلطف.

الترجمة: _____

الكلمات المساعدة:

environment (البيئة) | kindness (اللطف)

6

يستخدمون التكنولوجيا لمشاركة أفكارهم ودعم القضايا المهمة.

الترجمة: _____

الكلمات المساعدة:

share thoughts (يشارك الأفكار) | important causes (القضايا المهمة)

7

تساعد التكنولوجيا جيل Z وجيل Alpha على العمل معاً لجعل العالم مكاناً أفضل.

الترجمة: _____

الكلمات المساعدة:

work together (يعملون معا) | better place (مكان أفضل)

WRITE YOUR PARAGRAPH HERE

Write your paragraph about: The Digital Bridge!

Mr.Ahmed Hafez T.01556740737

General Exercises on Lesson 3

1. Choose the correct answer from a, b, c, or d:

1. Teenagers need ..... from their parents to go out late.
a. mission b. permission c. fashion d. information
2. My birthday is next week. It will be a ..... day.
a. bad b. normal c. special d. usual
3. Parents should limit the time when their children use their ..... .
a. books b. stories c. bags d. smartphones
4. Abd El-Rahman is a ..... boy; He always asks about everything.
a. curious b. lazy c. bad d. stupid
5. Gen Z ..... people born between 1997 and 2012.
a. contains b. kills c. includes d. acts
6. They have some things in ..... ; they both like drawing.
a. usually b. special c. common d. normal

2. Complete the following text with words from the list:

TV - far apart - online - YouTube - connect

Gen Z and Gen Alpha use smartphones and tablets every day. They like watching videos on (1) ..... , using apps, and playing (2) ..... games. Social media help them (3) ..... , learn and have fun with others—even if they live (4) ..... .

3. Read the following text, then answer the questions:

The bridge between Gen Z and Gen Alpha is stronger than many people think. Technology has created a space where generations can stay close, even if they live in different places. Smartphones and other devices allow **them** to talk, play, and learn together. Online creators on YouTube include music, stories, and games that are popular with both sides. But children are not always online. They enjoy board games, sports, and reading. Pets are another way they care about life around them. Both generations treat each other with kindness and fairness, which unites them even more.

Mr. Ahmed Hafez T.01556740737

A) Choose the correct answer from a, b, c, or d:

1. The passage mainly tells us that Gen Z and Alpha ..... .

a) only play online games b) are united through technology and values

c) never care about pets d) don't enjoy board games

2. Online creators include ..... that children enjoy.

a) games and music b) bikes c) fairness d) newspapers

B) Answer the following questions:

3. Give a suitable title to the passage.

.....

4. What does the underlined pronoun "**them**" refer to?

.....

5. How can pets help teach responsibility to young people?

.....

6. Summarize the text in two sentences.

.....

4. Write a paragraph of (90-110) words about :

" Gen Alpha and Gen Z "

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

Mr.Ahmed Hafez T.01556740737

Key Vocabulary

1

skills
مهارات

2

habits
عادات

3

interview
مقابلة

4

advice
نصيحة

5

control
تحكم

6

identity
هوية

7

journal
مذكرة يومية

8

blogger
مدون

Extra Vocabulary

No.	English	Arabic
1	steps	خطوات
2	permission	إذن
3	download	تنزيل
4	admire	يعجب بـ / يقدر
5	choices	خيارات
6	classmate	زميل في الفصل
7	dialog	حوار
8	homework	واجب منزلي
9	research	بحث
10	chat	دردشة

No.	English	Arabic
11	funny	مضحك
12	creative	مبدع
13	meals	وجبات
14	opinion	رأي
15	outside	في الخارج
16	sports	رياضة
17	careful	حريص / حذر
18	roles	أدوار
19	daily	يومي
20	offline	غير متصل

Mr.AhmedHafez T.01556740737

Definitions

identity	this is who you are.
fair	an **event**(1) when people **gather**(2) to show something.
permission	being **allowed**(3) to do something.
curious	wanting to know or learn something.
passionate	very strong feeling or **excitement**(4) about something.
special	different from others in a good way.
connect	to join or **link**(5) with someone or something.
include	to be part of something.
in common	having similar ideas and **interests**(6).
far apart	being in **distant**(7) places.

Synonyms & Antonyms

Word الكلمة	Synonym المرادف	Antonym / Opposite المضاد
connect يوصل	link/join	disconnect يفصل
strange غريب	unusual	usual معتاد
far بعيد	distant	close / near قريب
popular محبوب	favorite	unpopular غير محبوب
afraid خائف	scared	brave شجاع
special مميز	unusual	normal عادي

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Prefixes & Suffixes بادئات ولواحق الكلمات

Prefix / Suffix	Use	Word
-ing	يحول الفعل إلى اسم	chatting
-ful	يحول الاسم والفعل إلى صفة	careful

Language Notes ملاحظات لغوية

1 advise / advice / device / tip

- **advise** (v) ينصح (فعلاً)
  - الاسم مفرد لا يبعد
  - Ex: I advised him not to smoke.
- **advice** (n) نصيحة (اسم)
  - الاسم مفرد لا يبعد
  - Ex: He gave me useful advice.
- **tip** (n) نصيحة (اسم)
  - الاسم مفرد لا يبعد
  - Ex: He gave me some useful tips.
- **device** (n) جهاز (اسم)
  - Ex: This shop sells electronic devices.

2 14-year-old / 14 years old

- **14-year-old**
  - تُكتب هذه الصفةُ مفردّة قبل بعدها ولا تجمع أبدًا..
  - Ex: He is a 14-year-old boy.
- **14 years old**
  - اسم جمع يدل على العمر يأتي بعده ولا تجمع.
  - Ex: Saia is 14 years old.

Check on Language Notes

Choose the correct answer from a, b, c or d:

1. Follow these _____ to improve your skills.
   a. tips b. advices c. advises d. devices
2. This hotel is _____ .
   a. five-star b. five-stars c. five stars d. five star

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EXPRESSIONS

No.	Expression	المعنى
1	balance screen time	يوازن وقت الشاشة
2	handle life	يتعامل مع الحياة
3	have time with (someone)	يقضي وقتًا مع (شخص)
4	use a smartphone	يستخدم هاتفاً ذكيًا
5	do homework	يؤدي واجب منزلي
6	do research	يجري بحثًا / دراسة
7	chat with (someone)	يتحدث مع (شخص)
8	follow trends	يتابع الاتجاهات
9	find a balance	يجد توازنًا
10	give advice	يعطي نصيحة

PREPOSITIONS

No.	Preposition	المعنى
1	about	عن
2	with	مع
3	each day	كل يوم
4	for	لـ/ من أجل
5	including	بما في ذلك
6	for	لـ/ من أجل
7	on	على
8	between	بين
9	before	قبل
10	outside	في الخارج

SUMMARY OF THE TEXT | ملخص الدرس

1. Today Saja is talking about how her generation uses technology.
اليوم تتحدث سجا عن كيف يستخدم جيلها التكنولوجيا.
2. She uses her smartphone 5 to 6 hours every day.
تستخدم هاتفها الذكي من 5 إلى 6 ساعات كل يوم.
3. She uses her phone for homework, research, chatting, and watching videos.
تستخدم هاتفها للواجب، والبحث، والدردشة، ومشاهدة الفيديوهات.
4. She thinks using emojis and memes can be funny and creative.
تعتقد أن استخدام الرموز التعبيرية والميمز يمكن أن يكون ممتعًا ومبدعًا.
5. She tries to find a balance between screen time and real life.
تحاول إيجاد توازن بين وقت الشاشة والحياة الحقيقية.
6. She puts her phone away during meals and spends more time outside.
تضع هاتفها بعيدًا أثناء الوجبات وتقضي وقتًا أكثر في الخارج.
7. She says it is okay to enjoy your screen, but don't let it control you.
تقول إنه من الجيد الاستمتاع بشاشتك، لكن لا تدعها تتحكم فيك.
8. Her advice for students is to be careful and control your screen time.
نصيحتها للطلاب هي أن يكونوا حذرين ويتحكموا في وقت شاشاتهم.

Mr.Ahmed Hafez T.01556740737

Before you read this conversation, ask a classmate:

- How do you try to **balance** your screen time with other activities you do?

Reading

Read the following dialog.

Finding Balance – An Interview About Digital Habits

Host : Today we're talking to Saja, a 14-year-old student, about how her generation, often called digital natives, is handling life with technology. Hi, Saja!

Saja : Hi! Thanks for having me with you today.

Host : So, how much screen time do you usually have each day?

Saja : I think around 5 to 6 hours, including homework. I use my smartphone for doing my homework, researching, chatting, and sometimes watching memes or short videos.

Host : Many students follow online trends or post using emojis. Do you think that's good or bad?

Saja : I think that using emojis and memes can be funny and creative.

Host : Do you ever try to find a balance between real life and screen time?

Saja : Yes, I try. I put my phone away during meals. In my opinion, we should limit screen time before bed. I also try to spend more time outside with friends or do sports.

Host : That's great advice! Any tips for other students?

Saja : Just be careful! It's okay to enjoy your screen, but don't let it control you.

Vocabulary

Word	Meaning
balance	توازن
screen time	وقت الشاشة
smartphone	هاتف ذكي
homework	واجب منزلي
research	بحث / دراسة
chatting	الدردشة
trends	اتجاهات
memes	ميمز
emojis	رموز تعبيرية
advice	نصيحة
control	يسيطر / يتحكم

Answer the following questions.

1. How much screen time does Saja have each day?
2. What does Saja use her smartphone for?
3. What does Saja think about using emojis and memes?
4. How does Saja try to balance screen time and real life?
5. What advice does Saja give to other students?

Mr.Ahmed Hafez T.01556740737

Suffix اللاحقة

Word الكلمة		Suffix اللاحقة	Function الوظيفة	The new word الكلمة الجديدة	
balance (v/n)	يوازن/توازن	-ed	تحول الاسم/الفعل إلى صفة	balanced (adj)	متوازن
care (n)	رعاية/حذر	-less	تحول إلى العكس	careless (adj)	مهمل
include (v)	يتضمن	-ing	تحول الفعل إلى صفة	including (prep)	مشتمل/بما في ذلك

Prefix البادئة

Prefix البادئة	Word الكلمة		Function الوظيفة	The new word الكلمة الجديدة	
dis-	agree (v)	يوافق	تحول إلى العكس	disagree (v)	لا يوافق
un-	healthy (adj)	صحي	تحول إلى العكس	unhealthy (adj)	غير صحي

B Reading & Listening Skills

Lesson 5

Pre-reading question:

- How do you try to balance your screen time with other activities you do?

Read the following dialog.

Finding Balance - An Interview About Digital Habits

Host Today we're talking to Saja, a 14-year-old student, about how her generation, often called digital natives, is handling life with technology. Hi, Saja!

Saja Hi! Thanks for having me with you today.

Host So, how much screen time do you usually have each day?

Saja I think around 5 to 6 hours, including homework. I use my smartphone for doing my homework, researching, chatting, and sometimes watching memes or short videos.

Host Many students follow online trends or post using emojis. Do you think that's good or bad?

Saja I think that using emojis and memes can be funny and creative.

Host Do you ever try to find a balance between real life and screen time?

Saja Yes, I try. I put my phone away during meals. In my opinion, we should limit screen time before bed. I also try to spend more time outside with friends or do sports.

Host That's great advice! Any tips for other students?

Saja Just be careful! It's okay to enjoy your screen, but don't let it control you.

Post-reading questions:

1 How does Saja describe her daily screen time? .....

2 Do you agree with Saja's tips about using screens carefully? Why or why not? .....

SB

Mr.Ahmed Hafez T.01556740737

Read the short conversation below. Then switch roles:

Student A I think our screen time is fine. We're digital natives! It's how we learn, chat, and have fun.

Student B That's true, but too much time on smartphones can be unhealthy. I think we need more balance in our day.

Student A I love checking social media and sending emojis and funny memes.

Student B I get it, but we should also enjoy life offline.

Lesson 5

Practice:

Zeinab Hey Lujain, how many hours do you spend on your screen time every day?

Lujain Hmm ... maybe four or five hours. I like watching videos and sending memes and emojis to my friends.

Zeinab I get it, but don't you think that's too much use of your smartphone?

Lujain Maybe! But we're digital natives. Our generation grew up with phones and tablets. It's normal!

Zeinab That's true, but we still need balance. Too much screen time isn't good for our health.

Lujain I understand, but it's also how I connect with people. I don't want to feel left out.

Zeinab I know. I just think we should build better digital habits like putting the phone away during meals or before bed.

Lujain Yeah, you're right. That's a good idea. Some trends online are fun, but we also need real-life time together.

Mr.Ahmed Hafez
T.01556740737

Speaking

Using polite disagreement to express your opinion

استخدام عدم الاتفاق المهذب للتعبير عن رأيك

- **In my opinion, ...** — فى رأيي ...
  In my opinion, we should limit screen time before bed.
- **I think ...** — أعتقد ...
  I think our screen time is fine. We're digital natives!
- **For example, ...** — على سبيل المثال ...
  For example, I stop using my phone one hour before I sleep.
- **True, but ...** — صحيح، ولكن ...
  True, but too much time on smartphones can be unhealthy.
- **That's true, but in my opinion ...** — هذا صحيح، ولكن فى رأيي ...
  That's true, but in my opinion we still need balance.
- **I understand, but I prefer...** — أفهم، ولكن أفضل ...
  I understand, but I prefer playing a quick game first to relax.
- **I get it, but ...** — أفهم، ولكن ...
  I get it, but we should also enjoy life offline.
- **I understand, but ...** — أفهم، ولكن ...
  I understand, but it's also how I connect with people.

Complete the following dialog:

Ali and Sara are discussing spending the afternoon.

Ali : Do you think we should play video games all afternoon?
Sara : (1) ..... . I prefer playing outside first.
Ali : Really? But the game is so fun!
Sara : (2) ..... , we need exercise, too.
Ali : Okay! (3) ..... ?
Sara : That's a good idea! I prefer playing after a walk, too.
Ali : (4) ..... ?
Sara : Yes, we can. I have got my football.
Ali : Fine! Let's meet this afternoon.
Sara : (5) ..... .

Mr. Ahmed Hafez T.01556740737

Pre-reading questions:

1. How is today's young generation changing the way we live and communicate?

.....

2. Does Gen Alpha spend a day without using technology?

.....

Read the following blog and complete with a suitable word from the box above.

SB page 24

Sunday October 3rd

How wonderful the generation of today is! Gen Alpha refers to children born around 2010. They are true **digital natives** because they grow up using technology from a very young age. They follow the latest **trends**, like watching short videos, using **emojis**, and playing online **games**. They spend a lot of screen time on their **smartphones**, tablets, and computers. This makes them connect with others and learn new things. Many Gen Alpha kids have things **in common** with Generation Z, like caring about the environment and using technology in daily life. They are learning to find a **balance** between using screens and enjoying real-world activities.

Post-reading questions:

SB

1. What does the text say about Generation Alpha's relationship with technology?

.....

2. According to the text, what are some of the online trends that Gen Alpha kids follow?

.....

3. How does using technology help Generation Alpha?

.....

Mr. Ahmed Hafez T.01556740737

Write your paragraph about: Good and Bad Digital Habits!

1

يجب أن نستخدم التكنولوجيا بطريقة ذكية.

الترجمة: _____

الكلمات المساعدة:

technology (التكنولوجيا) | smart way (طريقة ذكية)

2

العادات الرقمية الجيدة تساعدنا على التعلم.

الترجمة: _____

الكلمات المساعدة:

good digital habits (العادات الرقمية الجيدة) | learn (يتعلم)

3

يجب أن نقلل وقت استخدام الشاشة كل يوم.

الترجمة: _____

الكلمات المساعدة:

screen time (وقت الشاشة) | reduce (يقلل)

4

لا ينبغي أن نقضي ساعات طويلة في لعب الألعاب الإلكترونية.

الترجمة: _____

الكلمات المساعدة:

online games (الألعاب الإلكترونية) | long hours (ساعات طويلة)

5

علينا احترام الأخرين عند استخدام وسائل التواصل الإجتماعي.

الترجمة: _____

الكلمات المساعدة:

respect (يحترم) | social media (وسائل التواصل الإجتماعي)

6

يجب أن نحافظ على معلوماتنا الشخصية آمنة.

الترجمة: _____

الكلمات المساعدة:

personal information (المعلومات الشخصية) | safe (آمنة)

7

العادات الرقمية الجيدة تجعل حياتنا أفضل وأكثر أمانا.

الترجمة: _____

الكلمات المساعدة:

better life (حياة أفضل) | safer (أكثر أمانا)

WRITE YOUR PARAGRAPH HERE

Write your paragraph about: Good and Bad Digital Habits!

Mr.Ahmed Hafez T.01556740737

General Exercises on Lessons 5,6

1. Choose the correct answer from a, b, c, or d:

1. Video games are fun, but we should also enjoy ..... life.
a. short **b.** fake **c.** real **d.** small
2. How much ..... time do you have each day?
a. run **b.** screen **c.** mouse **d.** key
3. We should ..... screen time before bed.
a. limit **b.** increase **c.** leave **d.** higher
4. We're digital natives. Our generation grew up with ..... .
a. books **b.** bags **c.** phones **d.** cats
5. It is ..... to feel nervous before an exam.
a. funny **b.** normal **c.** strange **d.** wrong

2. Complete the following text with words from the list:

control - fun - creative - smart phones - memes

Many students follow online trends or post using emojis. I think that using emojis and **(1)** ..... can be funny and **(2)** ..... . They use **(3)** ..... for doing homework. It's okay to enjoy your screen, but don't let it **(4)** ..... you.

3. Complete the sentences with the correct form of the word(s) in brackets:

1. Are you ..... (**go**) to the library with your dad this afternoon?
2. The sun ..... (**shine**) very brightly this morning.
3. My mom ..... (**cook**) a special dinner for us tonight right now.
4. He ..... (**not/feel**) well, so he is resting in bed today.

4. Write a paragraph of (90-110) words about :

"Bad and good digital habits"

.....

.....

.....

.....

Mr.Ahmed Hafez T01556740737

UNIT 1 LESSON

Test on Unit 1

1. A-Listen and Choose the correct answer from a, b, c, or d:

1. Rodina used her old mobile for ..... .

a. sharing b. chatting c. eating d. drinking

2. Her parents ..... her use it every day.

a. let b. don't miss c. not let d. don't let

3. The screen was ..... .

a. good b. damaged c. broken d. nice

B- Listen and complete:

1. Rodina ordered a mobile ..... a week ago.
2. The mobile was ..... .
3. She wanted to ..... it.

2. Choose the correct answer from a, b, c, or d:

1. A ..... is a popular new idea or style.

a. trend b. friend c. moment d. video

2. We should ..... the computer to the printer.

a. collect b. connect c. share d. continue

3. Using social media, generations Z and Alpha can ..... and have fun with others.

a. contact b. correct c. connect d. contract

4. If people live....., they can communicate using mobile phones.

a. far apart b. near c. far part d. apart

5. Gen Z and Gen Alpha are interested in the environment and treating people with ..... .

a. fair b. fairness c. careless d. carelessness

6. We should all treat old people ..... kindness.

a. to b. for c. with d. in

3. Complete the following text with words from the list:

fail - creating - feel - limit - emojis

Gen Alpha spends a lot of time online. They like (1) ..... content and chatting with friends. They use (2) ..... and memes to show how they (3) ..... . Many parents try to (4) ..... screen time.

Mr. Ahmed Hafez 01556740737

Test on Unit 1

4. Read the following, then answer the questions:

We live in the age of technology. Each generation grows up with different habits and lifestyles. Gen X, for example, lived before smartphones and social media. They enjoyed TV, books, and real-life connections. Although they later used technology, their childhood was simpler.

Gen Z, born between the mid-1990s and early 2010s, grew up with the internet. They spend a lot of time on social media and enjoy trends, memes, and online videos. They also care about expressing their ideas and supporting global cases.

Gen Alpha, the youngest generation, was born after 2010. They are true digital natives who use smartphones and tablets from a young **age**. They spend time on YouTube, play online games, and learn coding. Parents and teachers guide them to keep balance in their digital habits.

A. Choose the correct answer from a, b, c or d:

1. The underlined word "age" means ..... .

a. old b. area c. time d. place

2. Gen ..... is the youngest generation of them all.

a. Z b. X c. M d. Alpha

B. Answer the following questions:

3. What is the main idea of the passage?
4. What is the role of Gen Alpha's parents and teachers?
5. When were Gen Z born?
6. What did Gen X enjoy?

5. Rewrite the following sentences using the words in brackets.

1. Huda works on her school project about ancient Egypt. (**at this moment**)

.....

2. Eman sings songs every afternoon with her music group. (**now**)

.....

3. Said has arranged to have a big party for his birthday next week. (**is having**)

.....

4. Hend writes a nice letter to her best friend. (**right now**)

.....

Mr.Ahmed Hafez T.01556740737

Test on Unit 1

The Story

6. A) Answer the following questions:

1. What did Amal love to do in her free time?

.....

2. How did Amal's parents support her when other children annoyed her?

.....

B) Choose the correct answer from a, b, c, or d:

3. Amal's room was full of old toys, wires, and little ..... she had created.

a) machines b) gardens c) stories d) books

4. Yara encouraged Amal to ..... herself and believe in her abilities.

a) ignore b) hide c) be d) change

---

7. **Finish the following dialog:**

Laila and Judy are talking about generations.

- **Laila:** Do you know that both generations have many things in (1) ..... ?
- **Judy:** Really? Like what?
- **Laila:** For example, they (2) ..... use smartphones and computers.
- **Judy:** Yes, and they both play (3) ..... games too.
- **Laila:** That's true. Technology changed (4) ..... for these generations.
- **Judy:** I agree with you completely.

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8. **Write a paragraph of (90-110) words about :**

"A Day in the life of a Gen-Alpha teen"

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Mr. Ahmed Hafez T.01556740737

متوفر مذكرات جميع المراحل 2027

منهج انجليش و كونكت بلس و هاللو بلس

باسم ورقم المعلم pdf

من خلال رقم الواتس

01556740737